

[Results](#)[Splits](#)[Stage Results](#)**Age filter****Course filter****Gender filter** Include DNS and DNFShow entries

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	60	Alastair	Cambell	M	Open	Half Marathon	Stroud & District AC	1:59:56
2	157	Joe	Williams	M	Open	Half Marathon	CDF Runners	2:01:59
3	53	Rob	Bourne	M	Open	Half Marathon		2:02:03
4	67	Michael	Darke	M	Open	Half Marathon	CDF Runners	2:05:48
5	49	David	Bennett	M	Open	Half Marathon	Bennett Racing Club	2:08:54
6	48	Katie	Beecher	F	Open	Half Marathon	Les Croupiers	2:09:04
7	134	Phil	Read	M	V45	Half Marathon	Mynyddwyr De Cymru (MDC)	2:09:33
8	145	Alex	Swaffer	M	Open	Half Marathon		2:11:53
9	149	Jon	Turtle	M	Open	Half Marathon	Vegan Runners UK	2:11:59
10	54	Huw	Bowen	M	Open	Half Marathon		2:15:34

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
11	102	Michael	Jones	M	V45	Half Marathon	HENGOED HARRIERS	2:16:20
12	104	Florence	King	F	Open	Half Marathon	Cardiff Harlequins RC	2:16:21
13	146	John	Tierney	M	Open	Half Marathon		2:18:44
14	76	Alastair	French	M	Open	Half Marathon	Cardiff Harlequins RC	2:19:29
15	52	Mark	Blake	M	V45	Half Marathon	Forest of Dean AC	2:20:35
16	59	Rach	Burgess	F	Open	Half Marathon	Vegan Runners UK	2:20:40
17	65	Ellie	Clemence	F	Open	Half Marathon	Les Croupiers	2:20:45
18	92	Steve	Hogan	M	Open	Half Marathon	Cornelly Striders	2:20:50
19	160	Laurence	Lovell	M	Open	Half Marathon		2:21:38
20	127	Gavin	Perkins	M	Open	Half Marathon	Lliswerry Runners	2:22:17
21	66	Ben	Coates	M	Open	Half Marathon		2:22:29
22	152	Matthew	Warren	M	Open	Half Marathon		2:22:48
23	115	James	Mcgloin	M	Open	Half Marathon		2:27:24
24	61	Anthony	Malarczyk	M	V45	Half Marathon		2:28:11
25	125	Thomas	Parker	M	Open	Half Marathon		2:29:00
26	109	Anna	Lewis	F	Open	Half Marathon		2:30:46
27	133	Huw	Pullen	M	V45	Half Marathon	Creigiau Crawlers	2:32:35
28	116	Andy	McIntyre	M	V45	Half Marathon	Hengoed Harriers	2:34:49
29	110	Owen	Lewis	M	Open	Half Marathon		2:35:27
30	100	Jay	Johnson	M	Open	Half Marathon		2:35:48
31	137	Matthew	Ryan	M	V45	Half Marathon		2:36:00
32	126	Helen	Passant	F	V45	Half Marathon		2:36:10
33	114	Carys-Sian	Malarczyk	F	Open	Half Marathon	Islwyn RC	2:38:40
34	73	Elaine	Ferguson	F	Open	Half Marathon	Pontypridd Roadents AC	2:40:20
35	132	Emma	Pullen	F	Open	Half Marathon		2:40:22
36	107	Imogene	Knight	F	Open	Half Marathon	NA	2:41:10
37	128	Daniel	Pike	M	V45	Half Marathon	NA	2:41:11

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
38	112	Aileen	Lyons	F	Open	Half Marathon	Les Croupiers	2:41:14
39	78	Ben	Gooding	M	Open	Half Marathon	Pegasus RC	2:42:47
40	72	Michael	Evans	M	V45	Half Marathon	Dragons aberdare	2:42:49
41	55	Kelly	Bowen	F	Open	Half Marathon	Croft Ambrey RC	2:44:09
42	124	Ellie	Palmer	F	Open	Half Marathon		2:49:09
43	75	Kate	Fisher	F	Open	Half Marathon		2:49:11
44	47	Kevin	Arnold	M	V45	Half Marathon	Thornbury RC	2:49:23
45	153	Chris	Webb	M	Open	Half Marathon		2:49:27
46	111	Gareth	Ludkin	M	Open	Half Marathon		2:49:59
47	159	Steven	Williams	M	Open	Half Marathon		2:51:46
48	118	Naomi	Miles	F	Open	Half Marathon		2:51:50
49	74	Tomasz	Figurski	M	Open	Half Marathon	Caerphilly Runners	2:52:20
50	70	Dariusz	Dwornicki	M	V45	Half Marathon	Foundation SMA	2:52:23
51	84	Jane	Hardacre	F	V45	Half Marathon	South West Veterans AC	2:52:52
52	58	Sarah	Bucknall	F	Open	Half Marathon	Forest of Dean AC	2:54:39
53	113	Hugh	Mackenzie	M	Open	Half Marathon		2:55:25
54	101	Andrew	Jones	M	V45	Half Marathon	Hengoed Harriers	2:58:13
55	154	Anthony	Wilkinson	M	V45	Half Marathon		2:58:16
56	122	Rhys	Mumford	M	Open	Half Marathon		3:00:00
57	91	Louise	Hogan	F	Open	Half Marathon	Cornelly Striders	3:00:02
58	156	Heidi	Williams	F	V45	Half Marathon		3:08:13
59	80	Lara	Green	F	Open	Half Marathon		3:08:26
60	98	Emma	Jarrett	F	Open	Half Marathon		3:08:29
61	90	James	Hobson	M	Open	Half Marathon	Lliswerry Runners	3:08:53
62	94	Elizabeth	Hunter	F	V45	Half Marathon	Village Vipers	3:09:08
63	77	Eve	Gallop-Evans	F	V45	Half Marathon	Les Croupiers RC	3:09:11
64	63	Emily	Chinn	F	V45	Half Marathon	Lliswerry Runners	3:09:16

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
65	87	Anna	Helsing	F	V45	Half Marathon	Penarth and Dinas Runners	3:09:23
66	141	Elizabeth	Soulsby	F	V45	Half Marathon		3:09:32
67	62	Cathrine	Cattle	F	V45	Half Marathon		3:09:34
68	135	Neil	Richards	M	Open	Half Marathon	LLiswerry runners	3:09:48
69	50	Emma	Bissex	F	V45	Half Marathon	Pegasus RC	3:09:51
70	103	Sharon	Joseph	F	V45	Half Marathon	Mynyddwyr De Cymru (MDC)	3:10:16
71	85	Kathryn	Harris	F	Open	Half Marathon		3:10:40
72	86	Richard	Heaven	M	Open	Half Marathon		3:11:08
73	136	Katie	Ross	F	V45	Half Marathon		3:11:09
74	99	Sarah	Jelbert	F	Open	Half Marathon		3:13:41
75	155	Gareth	Williams	M	Open	Half Marathon		3:13:48
76	45	Chris	Amos	M	V45	Half Marathon		3:14:01
77	143	Tamara	Stevenson	F	V45	Half Marathon		3:15:52
78	140	Ruth	Smyth	F	V45	Half Marathon		3:39:48
79	69	Nita	Dean	F	V45	Half Marathon		3:39:50
80	82	Alun	Griffiths	M	V45	Half Marathon		3:40:13
81	83	Angela	Hall	F	V45	Half Marathon		3:40:18
82	57	Delyth	Brushett	F	Open	Half Marathon	Crickhowell Running Club	3:43:07
83	71	Carwyn	Evans	M	V45	Half Marathon	Dragons Running Club	3:43:11
84	151	Joanna	Valentine	F	Open	Half Marathon	Pegasus RC	3:43:17
85	144	Ellen	Sugden	F	V45	Half Marathon	Pegasus RC	3:43:22
86	138	Tricia	Searle	F	V45	Half Marathon	SheRunsCardiff	3:44:42
87	119	Tania	Miranda	F	V45	Half Marathon	Penarth and Dinnas Runners	3:44:44

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
88	120	Kelly	Morgan	F	Open	Half Marathon		3:46:36
89	89	Thomas	Hill	M	V45	Half Marathon	Pen y Bont Triathlon club	4:04:48
90	117	Hannah	Miles	F	Open	Half Marathon	Les Croupiers RC	4:36:39
91	129	Jozie	Postles	F	Open	Half Marathon	Les Croupiers RC	4:36:40
92	139	Janet	Smith	F	V45	Half Marathon	Les Croupiers	4:37:40
93	123	Tracey	Newman	F	V45	Half Marathon	Les Croupiers	5:42:30
94	108	Deb	Knighton	F	V45	Half Marathon		5:42:32
95	51	Jayne	Blacklay	F	V45	Half Marathon		5:42:35
#	79	Joanne	Green	F	V45	Half Marathon		rtd at Finish

Showing 1 to 96 of 96 results (filtered from 160 total entries)

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